

OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
6th Grade Health

Content Area: 6th Grade Health

Course Title: Health

Grade Level: 6th

Unit Plan 1: Wellness

Pacing Guide: 1-2 weeks

Unit Plan 2: Sexual Harassment/Bullying

Pacing Guide: 2-3 weeks

Unit Plan 3: Family Life

Pacing Guide: 2-3 weeks

Unit Plan 4: HIV/AIDS

Pacing Guide: 2 weeks

Unit Plan 5: Substance Abuse

Pacing Guide: 2 weeks

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OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM

Unit Overview

Content Area: 6th Grade Health		Grade: 6
Standard: 2.1, 2.6		
Strand: Wellness/ Fitness		
<p>Summary: Students will become familiar with total health.</p> <p>College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see http://www.corestandards.org/the-standards/english-language-arts-standards</p> <p>Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science</p> <p>21st century themes: 9.1 21st-Century Life & Career Skills All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures.</p>		
Learning Targets		
Content Standards		
<p>2.1 Wellness All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.</p> <p>2.6 Fitness All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.</p>		
Number	Common Core Standard for Mastery	
2.1.6.A.1	Explain how health data can be used to assess and improve each dimension of personal wellness.	
2.1.6.B.1	Determine factors that influence food choices and eating patterns.	
2.1.6.B.2	Summarize the benefits and risks associated with nutritional choices, based on eating patterns.	
2.1.6.B.4	Compare and contrast nutritional information on similar food products in order to make informed choices.	
2.6.6.A.1	Analyze the social, emotional, and health benefits of selected physical experiences.	
2.6.6.A.5	Relate physical activity, healthy eating, and body composition to personal fitness and health.	
2.6.6.A.6	Explain and apply the training principles of frequency, intensity, time, and type (FITT) to improve personal fitness.	
Unit Essential Questions How do you balance your physical, mental/emotional, and social health through wellness, nutrition, and fitness?		Unit Enduring Understandings Students will understand that... <ul style="list-style-type: none"> Remember a balanced healthy lifestyle is the key to good total health.
Unit Objectives		Unit Objectives

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Students will know...	Students will be able to...Identify the three parts of the health triangle and show how it relates to a healthy lifestyle.
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Evidence of Learning

- Formative Assessments**
- Class Discussion
 - Folders and Notebooks
 - Class Participation

- Summative Assessments**
- class assignments, oral review, effort and participation

- Modifications - (ELLs, Special Education, Gifted and Talented)**
- Follow all IEP modifications/504 plan
 - Shorter assignments when needed.
 - Use of concrete examples before beginning activity.
 - Cue student by stating name before asking a question, or speaking to them.
 - Use of preferential seating.
 - Provide opportunity for movement.
 - Provide student with cool off location.
 - Allow for additional time for written work as well as to comprehend and master skill introduced.
 - Assign student a peer tutor/partner learner when necessary.
 - Keep in mind learner’s multi sensory, visual, and auditory style.
 - Provide variety of size manipulatives to accommodate student needs.
 - Provide extra worksheets for students who exceed given assignment.
 - Allow students who exceed objective expectations, the opportunity to visit subject specified interactive websites.
 - Provide more challenging opportunities with use of manipulative that will challenge the skill being taught to other students.

Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources:
 Health textbooks and pamphlets, computer lab, video/dvd, worksheets, overhead projector.

Teacher Notes:

50 Ways To Use Technology

Each of the activities below can be used by teachers for their classes, but imagine how much more powerful they might be if students worked on these as class projects, under a teacher's direction. There are

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substantial opportunities for classroom creativity, student ownership, and integrating technology into the curriculum.

Word Processing (with graphics and draw tools)

1. Compose a story/news article/book review and illustrate it with clip art or graphics
2. Expand vocabulary within any written work using the thesaurus in your word processing application
3. Create a resume for any famous person in history
4. Compare and contrast any two (or more) things using a Venn diagram
5. Plan steps or activities with a concept web or map—or use special software designed for this purpose
6. Devise a character comparison chart in table format
7. Use a table to generate timelines for projects or to record historical events
8. Design a postcard highlighting your school, local community, or Ohio (for the bicentennial!)
9. Publish a class or grade "newspaper" or student-produced newsletter or flyer

Spreadsheets and Databases

10. Document progress for a unit or an activity in your class
11. Take a survey and chart the results
12. Collect information about define the differences graphically—the heights of the tallest roller coasters
13. Make a "real world" budget to learn about income, purchasing, and consumer science
14. Do a "reality check" for a "dream car" or "dream house" by calculating payments with varied interest rates
15. Strategize for a fund-raiser by working with supply, demand, and price
16. Build a class "contact list" for homework help and information sharing
17. Keep an updated inventory of class materials and resources
18. Measure and record data to show cumulative results—"Hands Across the Class" or a "Dance-a-Thon"

Internet

19. Go on an Internet Scavenger Hunt
20. Explore places you could never visit through streaming video
21. Investigate any situation through a WebQuest—created by someone else or you can create your own
22. Track data—the weather over time, or in different places, or changes in the Stock Market
23. Start the day or week with "Current Events," even in a content area, from major news sources
24. Watch or join an adventure online
25. Contribute to a research team—student data contributions and tracking are used for many projects
26. Research what happened the day you were born
27. Play a role in an online simulation—there is even a United Nations simulation for Middle School
28. Test your knowledge with daily quizzes—the National Geography Bee posts new questions daily
29. Become a "Jason Project" member
30. Follow the Iditarod

Email

31. Ask an expert or an author for his or her opinion or insight on a topic you are studying
32. Become an "e-pal" to someone anywhere in the world
33. Contact your Congressional Representative, Senators, or state officials with your concerns or questions
34. Share your expertise or opinion, or post a question on a message board
35. Initiate a friendly competition in reading or physical fitness activities with another class or school and share results

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Presentation Software

- 36. Pull group work together in a class presentation with each group having a few slides in a presentation
- 37. Compile information into a common format—"Math Formulas We Use" created by and for students
- 38. Record "class info and rules" for new student orientation
- 39. Make a digital "memory book" for the year

Digital Camera

- 40. Capture the moment—class presentations, field trips, or activities!
- 41. Provide supporting "evidence" in a project or report

Digital Video

- 42. Document processes for use and review—lab equipment and procedures
- 43. Record a class project or event, such as a field trip or guest speaker, for further learning activities
- 44. Create a "newscast" of some event—current or historical—students presenting the information

Web Page

- 45. Design a web page or site to direct students' learning activities in a class or for a project
- 46. Upload a page with results of students' work—art, maps, or even digital presentations
- 47. Share the results of student investigations by posting results on the Web
- 48. Use web page creation software to create a portfolio on a CD-ROM

Videoconferencing

- 49. Converse and collaborate with another class on a project
- 50. Take a course, in real time, from an instructor and with other students at various locations

Low and High Prep Differentiation Strategies

Differentiation strategies can require varied amounts of preparation time. High-prep strategies often require a teacher to both create multiple pathways to process information/demonstrate learning *and* to assign students to those pathways. Hence, more ongoing monitoring and assessment is often required. In contrast, low-prep strategies might require a teacher to strategically create process and product choices for students, but students are allowed to choose which option to pursue given their learning profile or readiness level. Also, a low-prep strategy might be focused on a discrete skill (such as vocabulary words), so there are fewer details to consider. Most teachers find that integration of one to two new low-prep strategies and one high-prep strategy each quarter is a reasonable goal.

Low Prep Strategies	
Varied journal prompts, spelling or vocabulary lists	Students are given a choice of different journal prompts, spelling lists or vocabulary lists depending on level of proficiency/assessment results.
Anchor activities	Anchor activities provide meaningful options for students when they are not actively engaged in classroom activities (e.g., when they finish early, are waiting for further

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	directions, are stumped, first enter class, or when the teacher is working with other students). Anchors should be directly related to the current learning goals.
Choices of books	Different textbooks or novels (often at different levels) that students are allowed to choose from for content study or for literature circles.
Choices of review activities	Different review or extension activities are made available to students during a specific section of the class (such as at the beginning or end of the period).
Homework options	Students are provided with choices about the assignments they complete as homework. Or, students are directed to specific homework based on student needs.
Student-teacher goal setting	The teacher and student work together to develop individual learning goals for the student.
Flexible grouping	Students might be instructed as a whole group, in small groups of various permutations (homogeneous or heterogeneous by skill or interest), in pairs or individual. Any small groups or pairs change over time based on assessment data.
Varied computer programs	The computer is used as an additional center in the classroom, and students are directed to specific websites or software that allows them to work on skills at their level.
Multiple Intelligence or Learning Style options	Students select activities or are assigned an activity that is designed for learning a specific area of content through their strong intelligence (verbal-linguistic, interpersonal, musical, etc.)
Varying scaffolding of same organizer	Provide graphic organizers that require students to complete various amounts of information. Some will be more filled out (by the teacher) than others.
Think-Pair-Share by readiness, interest, and/or learning profile	Students are placed in pre-determined pairs, asked to think about a question for a specific amount of time, then are asked to share their answers first with their partner and then with the whole group.
Mini workshops to re-teach or extend skills	A short, specific lesson with a student or group of students that focuses on one area of interest or reinforcement of a specific skill.
Orbitals	Students conduct independent investigations generally

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	lasting 3-6 weeks. The investigations “orbit” or revolve around some facet of the curriculum.
Games to practice mastery of information and skill	Use games as a way to review and reinforce concepts. Include questions and tasks that are on a variety of cognitive levels.
Multiple levels of questions	Teachers vary the sorts of questions posed to different students based on their ability to handle them. Varying questions is an excellent way to build the confidence (and motivation) of students who are reluctant to contribute to class discourse. Note: Most teachers would probably admit that without even thinking about it they tend to address particular types of questions to particular students. In some cases, such tendencies may need to be corrected. (For example, a teacher may be unknowingly addressing all of the more challenging questions to one student, thereby inhibiting other students’ learning and fostering class resentment of that student.)

High Prep. Strategies	
Cubing	Designed to help students think about a topic or idea from many different angles or perspectives. The tasks are placed on the six sides of a cube and use commands that help support thinking (justify, describe, evaluate, connect, etc.). The students complete the task on the side that ends face up, either independently or in homogenous groups.
Tiered assignment/product	The content and objective are the same, but the process and/or the products that students must create to demonstrate mastery are varied according to the students’ readiness level.
Independent studies	Students choose a topic of interest that they are curious about and wants to discover new information on. Research is done from questions developed by the student and/or teacher. The researcher produces a product to share learning with classmates.
4MAT	Teachers plan instruction for each of four learning preferences

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	over the course of several days on a given topic. Some lessons focus on mastery, some on understanding, some on personal involvement, and some on synthesis. Each learner has a chance to approach the topic through preferred modes and to strengthen weaker areas.
Jigsaw	Students are grouped based on their reading proficiency and each group is given an appropriate text on a specific aspect of a topic (the economic, political and social impact of the Civil War, for example). Students later get into heterogeneous groups to share their findings with their peers, who have read about different areas of study from source texts on their own reading levels. The jigsaw technique allows you to tackle the same subject with all of your students while discreetly providing them the different tools they need to get there.
Multiple texts	The teacher obtains or creates a variety of texts at different reading levels to assign strategically to students.
Alternative assessments	After completing a learning experience via the same content or process, the student may have a choice of products to show what has been learned. This differentiation creates possibilities for students who excel in different modalities over others (verbal versus visual).
Modified Assessments	Assessments can be modified in a variety of ways – for example by formatting the document differently (e.g. more space between questions) or by using different types of questions (matching vs. open ended) or by asking only the truly essential questions.
Learning contracts or Personal Agendas	A contract is a negotiated agreement between teacher and student that may have a mix of requirements and choice based on skills and understandings considered important by the teacher. A personal agenda could be quite similar, as it would list the tasks the teacher wants each student to accomplish in a given day/lesson/unit. Both Learning contracts and personal agendas will likely vary between students within a classroom.
Compacting	This strategy begins with a student assessment to determine level of knowledge or skill already attained (i.e. pretest). Students who demonstrate proficiency before the unit even begins are given the opportunity to work at a higher level (either independently or in a group).
Literature circles	Flexible grouping of students who engage in different studies of a piece of literature. Groups can be heterogeneous and homogeneous.

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<p>Readers’ Workshop (Writers’ Workshop is a parallel strategy)</p>	<p>The Readers’ Workshop approach involves students in three types of activities:</p> <ul style="list-style-type: none"> • Mini-lessons (5-10 minutes) on some aspect of literature or a reading strategy. • Independent Reading Time (30-40 minutes), where students keep a journal and respond to the literature in terms of what they think or how they feel about what they are reading. • Sharing Time (10 minutes), where students share with another person their journal entries and the other person gives feedback.
<p>Stations/ Learning Centers</p>	<p>A station (or simply a collection of materials) that students might use independently to explore topics or practice skills. Centers allow individual or groups of students to work at their own pace. Students are constantly reassessed to determine which centers are appropriate for students at a particular time, and to plan activities at those centers to build the most pressing skills.</p>
<p>Tape recorded materials at different levels</p>	<p>Books on tape are purchased or (created by the teacher) so that students can listen to the book being read aloud to them while they follow along in the text. This is often done at a listening station, where tapes of books/information on various reading levels are available.</p>
<p>Tic-Tac-Toe Choice Board (sometimes called “Think-Tac-Toe”)</p>	<p>The tic-tac-toe choice board is a strategy that enables students to choose multiple tasks to practice a skill, or demonstrate and extend understanding of a process or concept. From the board, students choose (or teacher assigns) three adjacent or diagonal.</p> <p>To design a tic-tac-toe board:</p> <ul style="list-style-type: none"> - Identify the outcomes and instructional focus - Design 9 different tasks - Use assessment data to determine student levels - Arrange the tasks on a tic-tac-toe board either randomly, in rows according to level of difficulty, or you may want to select one critical task to place in the center of the board for all students to complete.
<p>Choice Boards</p>	<p>Work assignments are written on cards that are placed in hanging pockets. By asking students to select a card from a particular row of pockets, the teacher targets work toward student needs yet allows student choice.</p>

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Lesson Closure with Examples or 40 Ways to Leave a Lesson

CLOSURE - what the instructor does to facilitate *wrap-up* at the end of the lesson - it is a quick review, to remind students what it was that they have learned (or should have learned) and allows you to see where the students are to assist you in planning for the next lesson. The intellectual work should be done by the students – not the instructor summarizing for the students and telling them what they learned. Closure allows students to summarize main ideas, evaluate class processes, answer questions posed at the beginning of the lesson, and link to both the past and the future. Closure is an opportunity for formative assessment and helps the instructor decide:

1. If additional practice is needed
2. Whether you need to re-teach
3. Whether you can move on to the next part of the lesson

Closure comes in the form of information **from students** about what they learned during the class; for example, a restatement of the instructional purpose. This information then provides a knowledge of the results for the teacher, i.e., did you teach what you intended to teach and have the students learned what you intended to have them learn?

Lesson Closing in a nutshell – can be one or some combination of the purposes below. It should be a meaningful end to the lesson.

- Reviewing the key points of the lesson.
- Giving students opportunities to draw conclusions from the lesson.
- Describing when the students can use this new information.
- Previewing future lessons.
- Demonstrating student’s problem-solving process.
- Exhibiting student learning.
- Creating a smooth transition from one lesson to the next lesson.

Title Synopsis

1. Cornell Notes

Notes can be used in a variety of ways. Completing the summary, checking with a partner for completeness, comparing to teacher’s idea of what the key ideas were.

<http://coe.jmu.edu/learningtoolbox/cornellnotes.html>

2. Journal Entry

Each day students write about 2 things they learned (use of a journal could incorporate most of these other closure examples)

<http://content.scholastic.com/browse/article.jsp?id=3583>

3. Exit Pass

Student must answer in writing questions or reflect in some way about the learning before being allowed to leave the room. Math example – work a question from the material covered during the lesson, use as formative assessment for the following day, sort into piles: got it/ didn’t get it or minor errors / conceptual errors.

Examples

☺ I really understood this idea...

I have a few questions about... before I can say I understand

I don’t even know where to start on ...

I am excited about...

I’d like to learn more about...

A question I have is...

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This point is really clear

One thing that squares with things I already know is...

An idea that is still going around in my head is...

4. You're stuck here until...

This is a variation of the exit pass and great for a 90-30 second gap before dismissal. Depending on time, have students discuss the day's vocabulary and then they have to define one word in their own words, to you, before they go out the door. If they are having difficulty, have them step to the side and listen to several other students and then try again. This should be framed in good humor, not in a punitive way.

5. Whip Around

Students quickly and verbally share one thing they learned in the class today. You can have them toss a ball from one to another or just have volunteers. (Caveat – you have to have a safe trusting environment. I have seen this done where kids chose others based on their perception that the student won't have anything to say.)

6. 3-2-1 3 things they learned, 2 things they have a question about, 1 thing they want the instructor to know – post-its, index cards, whatever

7. Fishbowl

Student writes one question they have about the topic of this lesson. This can be something for which they know the answer or for which they want an answer. Form an inner and outer circle. Share question with the person in front of you see if they know the answer, switch who is asking question, if time rotate to a new partner

8. Summary Paragraph What was learned today – be specific with examples!

9. Explain a Procedure Write to an absent student and explain how to

10. Here's How...

Students write a detailed explanation of a procedure - with an example to demonstrate their understanding of the concept. They then give their partner the un-worked example and the detailed instructions and have the partner work the example from the directions. Then they peer edit the procedures for clarity.

11. Cliff Notes, Jr. Students prepare a "cheat sheet" that would be useful for having during a quiz over the day's topic.

12. Three W's

Students discuss or write

· **What** did we learn today?

· **So What**?(relevancy, importance, usefulness)

· **Now What?** (how does this fit into what we are learning, does it affect our thinking, can we predict where we are going)

13. Pair / Share

Tell the person next to you 2 (3,4,5,...) things you have learned today, then the groups report out.

Variation is to have students Think/Write/Pair/ Share

14. Gallery Walk

Students create graphic representations of their learning and post them. Students can either share out the posters or students can move from station to station – writing questions or comments, noting similarities and differences, reflect on what they might do differently if they were to repeat the process.

15. Choose from the Daily Dozen

Student choose two questions from a generic list to respond to about the day's lesson.

16. Quiz

Could be daily or intermittent. 2-4 questions to show what they learned. Small individual whiteboards work well for a formative assessment and reduces the paperwork. Don't forget to ask conceptual questions!

17. Thumbs Up /Thumbs down

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Pose some questions that can be answered thumbs up/down/ sideways, ask for explanation of the decisions.

18. Quick doodles Doodle / draw two or three concepts presented in the lesson may include words or numbers.

19. Key Ideas

Students list the key ideas from the lesson and why they were important.

20. “What am I?” (riddles for key terms)

Have students construct clues (riddles) about the key terms and quiz partners or the room

21. Jeopardy

Teacher gives answer. Students create the question. This works well with dry erase boards.

http://www.hardin.k12.ky.us/res_techncountyjeopardygames.htm

22. Be Alex Trebek Student poses answer/question to group about lesson –responses should come from other students, not the teacher

23. Be the Teacher

Students present three key ideas they think everyone should have learned. Could be done with a group or individually –responses can be either oral or written.

24. The Five W’s Students explain the who, what, where, when, why and how of the lesson.

25. Credit Cards

Students are given an index card and required to state the lesson’s objective and if they feel that objective was met. Credit given for participating.

26. Postcard Students are given an index card and they write a postcard to their parents explaining the day’s lesson.

27. Pros and Cons Students list pros and cons of the issue discussed in class (might be a challenge in a math class.)

28. So What’s Up With?

Students raise questions about something they either were unsure about or need clarification. Can be done orally or written.

29. Quiz Master Students prepare a short quiz (+ 5 questions with answers) At least 2 of the questions must start How...? or Why...?

30. Journal Entry Each day students write about 2 things they learned (use of a journal could incorporate most of these other closure examples.)

31. I Care Why? Students explain relevancy of the concept to their life or how they might use it.

32. It Fits Where?

Students create a “time line “ of the concepts taught (sequence the concepts) or explain a connection to something else they know.

33. Element of Surprise

Students receive an envelope containing a card with a word or phrase selected by the teacher. Students discuss the concept and list the content-specific vocabulary necessary to discuss it.

34. Numbered Heads Together

Students in groups of up to five are numbered sequentially. As a group they create a list of 3-5 things learned in the lesson and then the teacher calls one number from each group to report to the class something they learned.

35. We Learned What?

Students write open ended questions on index cards. Two students are selected to come forward. The first student draws a question card and poses the question to the class. After the class discusses the question and answers with their partner - the second student draws a student name card to respond to the question.

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(These questions could also be used to launch the next day’s lesson.)

36. We’re Going Where?

Students predict the topic of tomorrow’s lesson – be sure to refer to the predictions the next day as either an opener or in closure.

37. It Looks Like This

An actual object or model that directly relates to the lesson is shown and students explain how it connects to the day’s concept.

38. Sell It To Us

Write a jingle that explains the main idea of the lesson.

39. Commercial Students write a 1 – 2 minute commercial to use at home when asked, “What happened in math class today?”

40. 4 box synectics

Synectics connect unrelated ideas through metaphor. Students have a sheet with four boxes. In each box is a stem. Solving equations is like eating an orange because...” “Solving equations is like driving a car because...”

Resources used

www.eduref.org/Virtual/Lessons/Guide.shtml

Educators Reference Desk, How to write a lesson Plan

Winning Through Student Participation in Lesson Closure. Patricia Wolf and Viola Supon . EDRS (ERIC)

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Unit Overview	
Content Area: 6th Grade Health	Grade: 6
Standard: 2.2	
Strand: Sexual Harassment/Bullying	
<p>Summary: Students will identify the meaning of sexual harassment/bullying and coping skills.</p> <p>College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see http://www.corestandards.org/the-standards/english-language-arts-standards</p> <p>Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science</p> <p>21st century themes: 9.1 21st-Century Life & Career Skills All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures.</p>	
Learning Targets	
<p>Content Standards</p> <p>2.2 Integrated Skills All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.</p>	
Number	Common Core Standard for Mastery

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2.2.6.A.1	Demonstrate verbal and nonverbal interpersonal communication in various settings that impact the health of oneself and others.
2.2.6.A.2	Demonstrate use of refusal, negotiation, and assertiveness skills in different situations.
2.2.6.B.1	Use effective decision-making strategies.
2.2.6.C.2	Predict situations that may challenge an individual's core ethical values.
Unit Essential Questions • What is sexual harassment and bullying; and what are effective skills to deal with these situations?	Unit Enduring Understandings Students will understand that... <ul style="list-style-type: none"> Remember and apply positive strategies to resolve these conflicts.
Unit Objectives Students will know... <ul style="list-style-type: none"> 	Unit Objectives Students will be able to... <ul style="list-style-type: none"> define the terms and identify positive skills to resolve these conflicts.

Evidence of Learning
Formative Assessments <ul style="list-style-type: none"> Class Discussion Folders and Notebooks Class Participation
Summative Assessments class assignments, oral review, effort and participation
Modifications (ELLs, Special Education, Gifted and Talented) <ul style="list-style-type: none"> Follow all IEP modifications/504 plan Shorter assignments when needed. Use of concrete examples before beginning activity. Cue student by stating name before asking a question, or speaking to them. Use of preferential seating. Provide opportunity for movement. Provide student with cool off location. Allow for additional time for written work as well as to comprehend and master skill introduced. Assign student a peer tutor/partner learner when necessary. Keep in mind learner's multi sensory, visual, and auditory style. Provide variety of size manipulatives to accommodate student needs. Provide extra worksheets for students who exceed given assignment. Allow students who exceed objective expectations, the opportunity to visit subject specified interactive websites. Provide more challenging opportunities with use of manipulative that will challenge the skill being taught to other students.

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<p>Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources: Health textbooks and pamphlets, computer lab, video/dvd, worksheets, overhead projector.</p>
<p>Teacher Notes: See Teacher Notes Section in Unit 1 of Standard 2.1</p>

OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM Unit Overview	
Content Area: 6th Grade Health	Grade: 6th
Standard: 2.4	
Strand: Family Life	
<p>Summary - Students will learn about family relationships, puberty, and the male/female reproductive systems.</p> <p>College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see http://www.corestandards.org/the-standards/english-language-arts-standards</p> <p>Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science</p> <p>21st century themes: 9.1 21st-Century Life & Career Skills All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures.</p>	
Learning Targets	
<p>Content Standards</p> <p>2.4 Human Relationships and Sexuality All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.</p>	
Number	Common Core Standard for Mastery
2.4.6.A.1	Compare and contrast how families may change over time.
2.4.6.B.1	Compare growth patterns of males and females during adolescence.

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2.4.6.C.4	Predict challenges that may be faced by adolescent parents and their families.	
Unit Essential Questions • How much do you know about growth and development during adolescence?	Unit Enduring Understandings Students will understand that... • Be aware of the various changes that occur during adolescence.	
Unit Objectives Students will know... •	Unit Objectives • SWBAT identify the changes that occur during adolescence. • SWBAT label and define the male/female reproductive systems.	

Evidence of Learning
Formative Assessments <ul style="list-style-type: none"> • Class Discussion • Folders and Notebooks • Class Participation
Summative Assessments - class assignments, oral review, effort and participation
Modifications (ELLs, Special Education, Gifted and Talented) <ul style="list-style-type: none"> • Follow all IEP modifications/504 plan • Shorter assignments when needed. • Use of concrete examples before beginning activity. • Cue student by stating name before asking a question, or speaking to them. • Use of preferential seating. • Provide opportunity for movement. • Provide student with cool off location. • Allow for additional time for written work as well as to comprehend and master skill introduced. • Assign student a peer tutor/partner learner when necessary. • Keep in mind learner’s multi sensory, visual, and auditory style. • Provide variety of size manipulatives to accommodate student needs. • Provide extra worksheets for students who exceed given assignment. • Allow students who exceed objective expectations, the opportunity to visit subject specified interactive

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websites.

- Provide more challenging opportunities with use of manipulative that will challenge the skill being taught to other students.

Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources:
Health textbooks and pamphlets, computer lab, video/dvd, worksheets, overhead projector.

Teacher Notes: See Teacher Notes Section in Unit 1 of Standard 2.1

OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
Unit Overview

Content Area: 6th Grade Health

Grade: 6th

Standard: 2.4, 2.2

Strand: HIV/AIDS

Summary: Responsible actions regarding sexual behavior impact the health of oneself and others. Every health-related decision has short- and long-term consequences and affects the ability to reach health goals.

College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see <http://www.corestandards.org/the-standards/english-language-arts-standards>

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: 9.1 21st-Century Life & Career Skills All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures.

Learning Targets

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Content Standards	
2.4 Human Relationships and Sexuality All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.	
2.2 Integrated Skills All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.	
Number	Common Core Standard for Mastery
2.4.6.B.4	Predict the possible physical, social, and emotional impacts of adolescent decisions regarding sexual behavior.
2.4.6.B.3	Determine behaviors that place one at risk for HIV/AIDS, STIs, HPV, or unintended pregnancy.
2.4.6.B.2	Summarize strategies to remain abstinent and resist pressures to become sexually active.
2.2.6.B.2	Predict how the outcome(s) of a health-related decision may differ if an alternative decision is made by self or others.
Unit Essential Questions • How much do you know about HIV/AIDS?	Unit Enduring Understandings Students will understand that... • Remember the risks and prevention of HIV/AIDS.
Unit Objectives Students will know... •	Unit Objectives • SWBAT define the terms HIV/AIDS. • SWBAT identify the effects, transmission, and prevention of HIV/AIDS.

Evidence of Learning
Formative Assessments • Class Discussion • Folders and Notebooks • Class Participation
Summative Assessments • class assignments, oral review, effort and participation
Modifications (ELLs, Special Education, Gifted and Talented) • Follow all IEP modifications/504 plan • Shorter assignments when needed. • Use of concrete examples before beginning activity. • Cue student by stating name before asking a question, or speaking to them.

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- Use of preferential seating.
- Provide opportunity for movement.
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- Allow for additional time for written work as well as to comprehend and master skill introduced.
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Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources:
Health textbooks and pamphlets, computer lab, video/dvd, worksheets, overhead projector.

Teacher Notes: See Teacher Notes Section in Unit 1 of Standard 2.1

OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
Unit Overview

Content Area: 6th Grade Health

Grade: 6th

Standard: 2.3

Strand: Substance Abuse

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Summary: Students will learn the dangers of substance abuse.

College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see <http://www.corestandards.org/the-standards/english-language-arts-standards>

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: 9.1 21st-Century Life & Career Skills All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures.

Learning Targets

Content Standards

2.3 Drugs and Medicines All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.

Number	Common Core Standard for Mastery				
2.3.6.B.1	Explain the system of drug classification and why it is useful in preventing substance abuse.				
2.3.6.B.2	Relate tobacco use and the incidence of disease.				
2.3.6.B.4	Determine the impact of the use and abuse of alcohol on the incidence of illness, injuries, and disease, the increase of risky health behaviors, and the likelihood of harm to one’s health.				
2.3.6.B.5	Determine situations where the use of alcohol and other drugs influence decision-making and can place one at risk.				
2.3.6.B.6	Summarize the signs and symptoms of inhalant abuse.				
2.3.6.B.7	Analyze the relationship between injected drug use and diseases such as HIV/AIDS and hepatitis.				
2.3.6.C.3	Determine the extent to which various factors contribute to the use and abuse of alcohol, tobacco, and other drugs by adolescents, such as peer pressure, low self-esteem, genetics, and poor role models.				
2.3.6.C.4	Determine effective strategies to stop using alcohol, tobacco and other drugs, and that support the ability to remain drug-free.				
Number	Common Core Standard for Introductory				
2.3.8.A.1	Explain why the therapeutic effects and potential risks of commonly used over-the-counter medicines, prescription drugs, and herbal and medicinal supplements vary in different individuals.				
2.3.8.A.2	Compare and contrast adolescent and adult abuse of prescription and over-the-counter medicines and the consequences of such abuse.				
<table border="1" style="width: 100%;"> <thead> <tr> <th style="text-align: left;">Unit Essential Questions</th> <th style="text-align: left;">Unit Enduring Understandings</th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> • What are the dangers of substance abuse? </td> <td> Students will: <ul style="list-style-type: none"> • Remember the risks of substance abuse and how it can negatively influence your life. </td> </tr> </tbody> </table>		Unit Essential Questions	Unit Enduring Understandings	<ul style="list-style-type: none"> • What are the dangers of substance abuse? 	Students will: <ul style="list-style-type: none"> • Remember the risks of substance abuse and how it can negatively influence your life.
Unit Essential Questions	Unit Enduring Understandings				
<ul style="list-style-type: none"> • What are the dangers of substance abuse? 	Students will: <ul style="list-style-type: none"> • Remember the risks of substance abuse and how it can negatively influence your life. 				

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Unit Objectives Students will know... <ul style="list-style-type: none"> • 	Unit Objectives <ul style="list-style-type: none"> • SWBAT identify negative effects of substance abuse.
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Evidence of Learning
Formative Assessments <ul style="list-style-type: none"> • Class Discussion • Folders and Notebooks • Class Participation
Summative Assessments - class assignments, oral review, effort and participation
Modifications (ELLs, Special Education, Gifted and Talented) <ul style="list-style-type: none"> • Follow all IEP modifications/504 plan • Shorter assignments when needed. • Use of concrete examples before beginning activity. • Cue student by stating name before asking a question, or speaking to them. • Use of preferential seating. • Provide opportunity for movement. • Provide student with cool off location. • Allow for additional time for written work as well as to comprehend and master skill introduced. • Assign student a peer tutor/partner learner when necessary. • Keep in mind learner’s multi sensory, visual, and auditory style. • Provide variety of size manipulatives to accommodate student needs. • Provide extra worksheets for students who exceed given assignment. • Allow students who exceed objective expectations, the opportunity to visit subject specified interactive websites. • Provide more challenging opportunities with use of manipulative that will challenge the skill being taught to other students.
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Teacher Notes: See Teacher Notes Section in Unit 1 of Standard 2.1

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